

# CARESCO

meeting needs in our local community



## CHARITY SHOP

Fundraising by recycling



## THE CAVE

All about social connections,  
sharing skills &  
building friendships



## CHATTERBOX

Support, a listening ear  
& advise for carers



## CAR SCHEME

Volunteer drivers providing  
transport for local people



## GREEN END DAY CLUB

Providing fun, friendship &  
good food to it's members



## COFFEE SHOP

Share a cuppa &  
cake with friends



## COMMUNITY SUPPORT

Co-ordinating everyday  
errands for local people

## VOLUNTEERING

Helping CARESCO  
to support our  
local community



## CHRISTMAS DAY PARTY

Food, fun & festive  
celebrations



## FUNDRAISING

Help us help others



## SOUNDS GOOD

A social group who enjoy  
music & the spoken word



## SAWTRY FOODBANK

Providing emergency food  
for local people in crisis



## SAWTRY EYE

Village magazine offering  
local news for local people

